It is the policy of the Seattle School Board that the district maintains a safe learning environment while treating all students with dignity and respect. All students in the district, including those who have an individualized education program (IEP) or plan developed under Section 504 of the Rehabilitation Act of 1973, shall remain free from unreasonable restraint, restraint devices, isolation and other uses of physical intervention. Under no circumstances will these techniques be used as a form of discipline or punishment.

The least amount of restraint, isolation, and other uses of physical intervention needed, as defined in the accompanying procedure, may be used when necessary to prevent or minimize imminent bodily injury to self, others, or to protect property, if de-escalation interventions have failed or are inappropriate.

Use of restraint, isolation, and other forms of physical intervention may be used on any student when reasonably necessary to control spontaneous behavior that poses an “imminent likelihood of serious harm,” as defined by WAC 392-172A-01092 and WAC 392-172A-01109 and explained in the accompanying procedure. Serious harm includes physical harm to self, another, or property.

Staff will closely monitor the use of restraint, isolation, and other forms of physical intervention to prevent harm to the student and will use the minimum amount of such actions to protect the safety of students, staff and property. The restraint, isolation, and other forms of physical intervention will be discontinued when the likelihood of serious harm has dissipated.

This policy is intended to address students enrolled in the district and not intended to prevent or limit the use of restraint, isolation, or other physical intervention as necessary with adults or other youth from outside the school, as allowed by law.

The Superintendent will annually report to the Board on the use of restraint, isolation, and other uses of physical intervention. The Superintendent or his/her designee is granted the authority to develop procedures to implement this policy.
Adopted: December 2011
Revised: March 2019; March 2016; July 2014
Cross Reference: Policy Nos. 2161; 2162; 3244
Related Superintendent Procedure: 3246SP
Previous Policies: Policy No. 3247
Legal References: RCW 9A.16.020 Use of Force — When lawful; RCW 9A.16.100 Use of Force on Children — Policy — Actions presumed unreasonable; RCW 28A.150.300 Corporal Punishment Prohibited; RCW 28A.155.210 Use of restraint or isolation — Requirements for procedures to notify parent or guardian; RCW 28A.600.485 Restraint of students with individualized education programs or plans developed under section 504 of the rehabilitation act of 1973 — Procedures — Definitions; WAC 392-400-235 Discipline — Conditions and limitations; WAC 392-172A Rules for the Provision of Special Education, WAC 392-172A-01092 Imminent; WAC 392-172A-01109 Likelihood of serious harm
Management Resources: Policy News, October 2015; December 2008