

# Song Lyrics to 7 by Frank Waln (October 10, 2016)

## Intro (Tanaya Winder)

Always start with you  
Alive and well  
And not me  
I'd gladly give up every poem I have spoken  
Have my mouth call back each and every one of them  
From your ears  
Back into my pen's failed attempts at trying to put  
back  
The splintered pieces of our hearts  
Our hearts  
Our hearts  
Staring at a blank page  
Wishing  
We could begin again

## Verse

Thousands warriors will come rushing in/ our  
ancestors waged war with the government/ in the  
spirit of Spotted Tail and John Trudell/ this is spiritual  
awakening/ they feed us lies but we won't take them  
in/ let us ride on the lands where our ancestors died/  
breathing life into our cultures they said were  
petrified/ they tell a history that our peoples don't  
recognize/ the US government should be charged  
with genocide/ spitting rhymes in a time of blood  
quantum and suicide/ we survived staying strong all  
those times we should've died/ I confess I'm  
depressed/ sometimes I can't take the stress/ living is  
a test, distressed up in the wild west/ my fam suffers/  
the land suffers/ I hate the silence/ I hate statistics/ I  
hate the prisons/ I hate the violence/ I hate these  
politicians making the wrong decisions/ I hate these  
men that inflict this violence upon our women/ they  
hate to see us rise/ we're on their tv man/ remind  
these settlers that they're up on treaty land/ I did this  
with my music/ a cd in my hand/ a microphone in the  
other now watch me take a stand

## Chorus

This is sound of a Nation rising  
A generation with a vision  
We're tired of our people dying  
7th generation we have risen/ we have risen yeah

This is sound of a Nation rising  
A generation with a vision  
We hear our Mother Earth crying  
7th generation we have risen/ we have risen yeah

## Bridge

This system try to hold us down/ it hold us down  
you forced our cultures underground/ underground  
But you ain't stopping no one now/ no one now  
We're stronger and we know it now/ we know it now

## Verse

I ghost dance over drums/ my music speaks to the  
young/ I give my heart for the people/ the  
revolution's begun/ we're standing stronger than  
ever when history weighs a ton/ I'm giving thanks to  
Creator and suffering with the sun/ my mother says  
I'm her son/ my people say I'm the one/ my  
microphone/ it inspire/ I fire it like a gun/ higher into  
you privilege conspiring with the spirits/ my  
environment require my lyrics be the exhibit of  
genius that has a plan/ my allegiance is with the land  
my people agreed to care for therefore I'm gonna  
make a stand/ my freedom is nonexistent convenient  
to uncle sam/ they're colonizing our minds/ we're  
compromising their plans/ our knowledge lives in the  
land/ the answers live in our youth/ the cancers live  
in our elders/ I'm trying to see the truth/ my brothers  
and sister suffer while people silence our voices/ you  
hold our mouths shut then tell us that we are  
voiceless/ fuck that you don't listen/ privilege is your  
tradition/ our people in your prisons/ our sisters end  
up missing/ I petition my position to live in conditions  
that kill my people now feel my vision

## Chorus

This is sound of a Nation rising  
A generation with a vision  
We're tired of our people dying  
7th generation we have risen/ we have risen yeah

This is sound of a Nation rising  
A generation with a vision  
We hear our Mother Earth crying  
7th generation we have risen/ we have risen yeah

## Outro (Tanaya Winder)

Battles wouldn't end in bloodshed  
But instead  
A ride off into a sun rising  
With warriors always returning from war  
Warriors always returning from war

## Bridge

This system try to hold us down/ it hold us down  
you forced our cultures underground/ underground  
But you ain't stopping no one now/ no one now  
We're stronger and we know it now/ we know it now  
(3x)