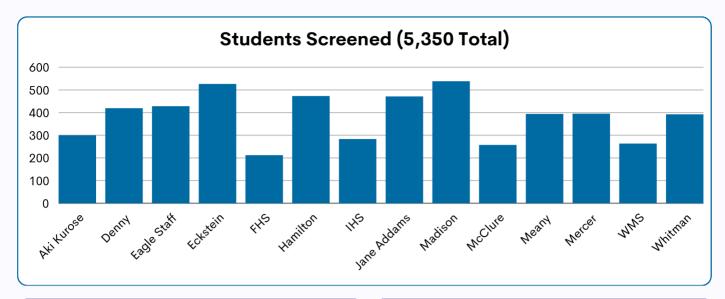
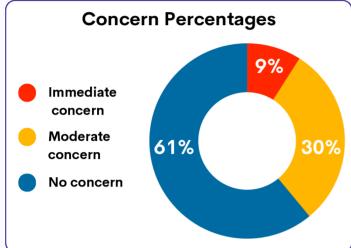
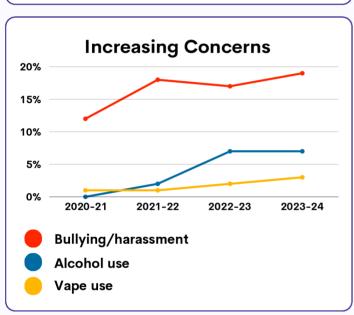


# **SBIRT 2023-24**







### **Concerns Identified Bullying/Harassment Symptoms of Anxiety** Symptoms of Depression **Substance Use** Self-Harm Eating habits/body image Connection to school adult Suicidal Ideation Intent to use substances Relationship concerns Past suicide attempt Safety at risk due to bullying Problem substance use 0 200 400 600 800 1000 1200

#### **Top Coping Mechanisms**









Listening to or making music

Talking to friends or family

or in person 45%

**Gaming online** 

Relaxing or taking a break Sports or exercise

59%

55%

44%

37%

## **Parent Engagement Engaged** 37% Not

Parents are always contacted when students report safety concerns. For all other concerns, SBIRT staff work toward student consent to engage parents.

Engaged 63%

### Referral

# of students

Referred to supports (Of students screened)



**90%** 

44%

### **Example referral types:**

- Academic tutor
- Community-based counseling
- Prevention Intervention Specialist
- Prosocial activities (Clubs, sports, etc.)
- School administrator
- School counselor
- School-based mental health therapist
- Support group (Coping, grief, etc.)

### Student Feedback



85% The SBIRT

process was

helpful



82% **Brief Intervention** meeting was helpful



Referrals or resources were

helpful



85%

**SBIRT** schoolwide campaigns were helpful