

Screening, Brief Intervention, and Referral To services (SBIRT) 2023-24

Students Screened

5,350 total students screened for SBIRT in 2023-24 school year by school:

- 300 Aki Kurose students screened
- 419 Denny students screened
- 428 Eagle Staff students screened
- 526 Eckstein students screened
- 212 Franklin high school students screened
- 473 Hamilton students screened
- 283 Ingraham high school students screened
- 471 Jane Addams students screened
- 538 Madison Students screened
- 257 McClure Students screened
- 394 Meany students screened
- 395 Mercer students screened
- 263 Washington students screened
- 392 Whitman students screened

Concern Percentages

- 9% of students were an immediate concern
- 30% of students were a moderate concern
- 61% of students were not a concern

Increasing Concerns

Bullying/harassment, alcohol use, and vape use are increasing concerns since 2020-21:

Bullying/harassment:

- 2020-21: 12%
- 2021-22: 18%
- 2022-23: 17%
- 2023-24: 19%

Alcohol Use:

- 2020-21: <1%
- 2021-22: 2%
- 2022-23: 7%
- 2023-24: 7%

Vape Use:

- 2020-21: 1%
- 2021-22: 1%
- 2022-23: 2%
- 2023-24: 3%

Concerns Identified

Concerns identified in the SBIRT were:

- Bullying/harassment: 1043 students
- Symptoms of anxiety: 958 students
- Symptoms of depression: 678 students
- Substance use: 456 students
- Self-harm: 367 students
- Eating habits/body image: 330 students
- Lack of connection to school adult: 322 students
- Suicidal ideation: 298 students
- Intent to use substances: 182 students
- Relationship concerns: 145 students
- Past suicide attempt: 97 students
- Safety at risk due to bullying: 48 students
- Problem substance use: 25 students

Top Coping Mechanisms

- 59% Listening to or making music
- 55% Talking to friends or family
- 45% Gaming online or in person
- 44% Relaxing or taking a break
- 37% Sports or exercise

Parent Engagement

Parents are always contacted by SPS staff in the event of a safety concern. SPS staff work with the student to engage parents for all other concerns.

- 37% of parents were engaged
- 63% of parents were not engaged

Referral

- 44% **Referred** to supports (of students screened)
- 90% **Connected** to supports (of students referred)

Example referral types:

- Academic tutor
- Community-based counseling
- Prevention Intervention Specialist
- Prosocial activities (Clubs, sports, etc.)
- School administrator
- School counselor
- School-based mental health therapist
- Support group (Coping, grief, etc.)

Student Feedback

- 85% The SBIRT process was helpful
- 82% Brief Intervention meeting was helpful
- 82% Referrals or resources were helpful
- 85% SBIRT schoolwide campaigns were helpful