



Opt-Out Form

Elementary Growth and Development Education

Seattle Public Schools teaches growth and development lessons in grades 4 and 5 to meet the requirements of Washington State's Comprehensive Sexual Health Education law (RCW 28A.300.475).

I have previewed the growth and development lessons found at www.seattleschools.org/sexualhealtheducation and would like my student to be excused from the lessons selected below during the current school year.

Student Name _____

School _____ Grade _____

Parent/Guardian Signature _____ Date _____

Check the lessons you **do not** want your student to attend:

4th Grade

- Introduction
- Family
- Friendship
- Boundaries
- Consent
- Rejection
- Reproductive System
- Puberty

5th Grade

- Introduction
- Self-Esteem
- Decision Making
- Being a Good Listener
- Consent
- Reporting Sexual Abuse
- Puberty
- Pregnancy
- Introduction to HIV

Parent/Guardian: Please return this form to your school's main office or classroom teacher.

Staff: Send a copy of this form to the classroom teacher and Lisa Love (llove@seattleschools.org / MS 31-524)