



# Opt-Out Form High School Sexual Health Education

Seattle Public Schools teaches sexual health education lessons to meet the requirements of Washington State's Comprehensive Sexual Health Education law (RCW 28A.300.475).

I have previewed the sexual health education lessons found at [www.seattleschools.org/sexualhealtheducation](http://www.seattleschools.org/sexualhealtheducation) and would like my student to be excused from the lessons selected below during the current school year.

Student Name \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Check the lessons you **do not** want your student to attend:

## 9<sup>th</sup> Grade Lessons (Health Class)

- Introduction
- Reproductive System
- Pregnancy
- Sexual Orientation and Gender Identity
- Gender Stereotypes
- Healthy Relationships
- Coercion and Consent
- Online Safety
- Abstinence
- Birth Control Methods
- HIV and Other STDs
- Condoms
- Testing for HIV and other STDs
- Communication and Decision Making
- Improving School Health

## 10<sup>th</sup> Grade Lessons (Science Class)

- Introduction and Group Agreements
- Sexual Anatomy and Development
- Pregnancy and STD Prevention
- Sexual Orientation and Gender Identity
- Healthy Relationships and Communication
- Keeping Myself and Others Safe
- Technology in Relationships
- Consent, Sexual Assault Prevention and Bystander Intervention

**Parent/Guardian:** Please return this form to your school's main office or classroom teacher.

**Staff:** Send a copy of this form to classroom teacher and Lisa Love ([llove@seattleschools.org](mailto:llove@seattleschools.org) MS 31-524).