



Opt-Out Form

Middle School Sexual Health Education

Seattle Public Schools teaches sexual health education lessons to meet the requirements of Washington State's Comprehensive Sexual Health Education law (RCW 28A.300.475).

I have previewed the sexual health education lessons found at www.seattleschools.org/sexualhealtheducation and would like my student to be excused from the lessons selected below during the current school year.

Student Name _____

School _____

Grade _____

Parent/Guardian Signature _____

Date _____

Check the lessons you **do not** want your student to attend:

6th Grade

- Introduction
- Puberty and Hygiene
- Reproductive System
- HIV/AIDS
- Consent and Communication
- Rules of Dating

7th Grade

- Introduction
- Healthy Relationships
- Ask, Listen, Respect – Consent
- Sexual Orientation and Gender Identity
- Sexually Transmitted Diseases
- Birth Control Methods

8th Grade

- Introduction
- Reproductive System and Pregnancy
- Sexual Decision Making
- Preventing STDs
- Condoms and other Birth Control Methods
- Affirmative Consent

Parent/Guardian: Please return this form to your school's main office or classroom teacher.

Staff: Send a copy of this form to the classroom teacher and Lisa Love (llove@seattleschools.org / MS 31-524)