

# THE RECOVERY ACADEMY - WASHINGTON'S ONLY SOBER PUBLIC HIGH SCHOOL

Seattle Public Schools' Interagency Recovery Academy

“*The Recovery Academy gave me a place to fit in and find comfort in a sober lifestyle that not many people my age were doing. It gave me an environment where my ideas were valued, and my problems met with solutions rather than dismissal.*”



## Academic Support

- ▶ A combination of classroom instruction and online learning
- ▶ Small class sizes
- ▶ Credit Retrieval
- ▶ Running Start opportunities and job readiness assistance

## Recovery Support

1. Individualized recovery plans
2. On-site substance use counseling and sober support groups
3. Positive pro-social recovery community
4. Referrals to mental health and other resources

## Approach

The Interagency Recovery Academy is for high school students in grades 9–12 who are actively working toward their academic, career, and recovery goals. Within a student-centered environment, the program promotes the Four Dimensions of Recovery: Health, Home, Purpose, and Community.

Daily recovery groups build shared accountability among students who support each other as they progress through key milestones of sobriety. The school also partners with community organizations who provide additional resources to students and families after school.



King County





## Recovery Academy Enrollment Process

- ▶ Year-round enrollment open to students in grades 9–12
- ▶ Voluntary program for students whose goal is to maintain sobriety
- ▶ Prospective students meet with a staff member where they may ask questions and discuss how the school might meet their needs.
- ▶ During the initial visit, prospective students meet with a staff member and may ask questions and discuss how the school might meet their needs.

## What It's Like Being a Recovery Academy Student

Being in recovery means that students are building sober lifestyles in and out of school by cultivating connections with peers, engaging in fun prosocial activities, and being a presence in the recovery community. **More than half (51%) of Recovery Academy students have more than one year of recovery following initial enrollment.**

Graphic is based on SAMHSA's 4 major dimensions of recovery: <https://www.samhsa.gov/find-help/recovery>

## Contact Information

### TO SCHEDULE A VISIT TO THE RECOVERY ACADEMY

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Student and Family Advocate  
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Recovery Academy Campus Lead  
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### FOR INFORMATION ABOUT INTERAGENCY ACADEMY

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Assistant Principal  
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### FOR MORE INFORMATION ABOUT THE RECOVERY ACADEMY

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FACEBOOK



RECOVERY SCHOOL  
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King County



Traducción disponible en español. | Có bản dịch tiếng Việt. | 简体中文.  
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